

REVIEW

Bob opened this session by alluding to the myths he grew up believing. After some unfortunate events during his childhood, he began telling himself that everyone would eventually leave him. And he believed it. **Did you develop any myths like Bob’s when you were growing up? If so, what were they? For what reasons did you develop these stories? To what degree do you still struggle with them?**

Part of Bob’s goal in this series has been to help us identify myths we believe so we can replace them with what’s true—that God doesn’t look “in your mirror and wish he saw somebody else. He wants you to be you.” **How would you describe what Bob means when he says that God “wants you to be you”?**

What is true about you? What does it look like to believe what’s true of you and reject what’s not?

Our lives breeze by much faster than we’d like, and Bob challenged us to make the most of the time we’ve been given. **In what ways have you come to realize that life is short? How do you feel about the brevity of your life? What’s your response to the reality that life goes by quickly?**

On the topic of making meaningful use of our time, Bob shared an example of what he and his wife did with their kids to put faith into action in a meaningful way. They wrote letters to world leaders and asked them to share a message of hope. It was a grand gesture that took a lot of faith. **How does your faith in Christ inform the way you use your time? What are the one or two most important things you want to spend your life doing? Are you currently doing those things? If not, why?**

Bob talked a lot in this session about “taking your faith out for a spin,” or putting your faith into practice. **In what ways do you put your faith into practice now? What are some of the ways you aspire to put your faith into practice? What’s stopping you from doing those things now?**

Bob said he doesn’t “think we lead people to Jesus.” Instead, “Jesus leads people to Jesus.” **In what ways can Jesus’s role in bringing people to himself alleviate the pressure we sometimes feel around service and**

Horizontal lines for writing.

DEEPER WALK

Be Silent: One of Bob's encouragements in this session was to let the Spirit of God reveal what he wants us to do next. But we can't do that unless we stop what we're doing and listen to him. This week, spend a few minutes each morning in silence and listen prayerfully. Ask the Holy Spirit what he wants you to do each day.

Be Obedient: After we've heard from God, we should do what he says. As James says, we are to be doers of the Word and not hearers only (James 1:22). Whatever God tells you to do in his Word, practice doing it.

Take a Risk: This session began by discussing the concept of risk-taking. The exercise of our faith, in a lot of ways, can be risky. So, this week, take a risk rooted in faith: Ask the waitstaff at lunch if you can pray for him or her, ask a coworker if he or she will tell you their story, or give a financial gift to someone in need. Whatever you choose, view the risk as an opportunity to exercise your faith in God.